

# A Christian Counseling Model Christian

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## GRAHAM SANTOS

*Christians Who Counsel* Zondervan

Composed primarily of lectures given in 1979 as Fuller Seminary's Ninth Finch Symposium in Psychology and Religion. Bibliography: p. 141-148. Includes indexes.

**Reformulating the Christian Marriage Counseling Model** InterVarsity Press

This book provides a forum for five major perspectives on the interface of Christianity and psychology to display their distinctions in a counseling context. Experts in each approach show how to assess, conceptualize, counsel and offer aftercare to a hypothetical client with a variety of complex issues.

**A Relational Restoration Model** InterVarsity Press

This book connects biblical doctrine with practical living. The reader gains an insight into the rich theological framework that supports and directs a biblical approach to counseling.

*A Christian Perspective* InterVarsity Press

In *Effective Biblical Counseling*, Gold Medallion Award-winning author Dr. Larry Crabb presents a model of counseling that can be gracefully integrated into the functioning of the local church. He asserts that counseling is simply a relationship between people who care and that its goal is to free people to better worship and serve God. This book will show you how to help people achieve obedience and character growth in their lives, and establish a sense of personal worth and security along the way. Dr. Crabb says, "I believe that God has ordained the local church to be his primary instrument to tend to his people's aches and pains. In writing this book I have tried to be of practical help to Christians who want to be more effective in ministering to their suffering brothers and sisters."

*Defining a Christian Counseling Model* InterVarsity Press

Stereotypical tendencies in Christian counseling include either emphasizing sin at the expense of grace or grace at the expense of sin. Mark R. McMinn seeks to overcome these exaggerations and enable all those in the helping professions see the proper understanding and place of both sin and God's grace in the Christian counseling process.

*Changing Lives with God's Changeless Truth* Harper Collins

Master the essentials of effective biblical counseling Christ-Centered Biblical Counseling is a comprehensive resource that will help you understand how to minister from God's truth to change lives. With the cumulative wisdom of almost 40 contributors with exceptional credentials and experience, you'll discover a valuable model for counseling that explains... The Why of Biblical Counseling Why the Bible is sufficient and relevant for addressing every issue we face Why biblical counseling is so effective in helping people face life's struggles in Christ's strength The How of Biblical Counseling How you can lead struggling, hurting people to the hope and strength available only in Christ How to counsel in a way that is Christ-centered and God-glorifying Every chapter provides a wonderful blend of theological wisdom and practical expertise, and is written to be accessible to everyone who wishes to extend Christ's love to others—pastors, church leaders, counseling practitioners, instructors, lay people, and students. In this massively important new book...leading figures in the biblical counseling movement set forth a wealth of wisdom. We have needed this book for a long time. —Dr. R. Albert Mohler Jr., president, Southern Baptist Theological Seminary Christ-Centered Biblical Counseling is warm, personal, gentle, always wanting to listen and know the person, confident in the Spirit's working through the Word of Christ. —Dr. Ed Welch, CCEF faculty, author of *Shame Interrupted*

**Making Christian Counseling More Christ Centered** Tyndale House Publishers, Inc.

"For the clients who see us in counseling . . . theological purity will make little difference if we do not practice with ethical integrity." Randolph K. Sanders, from chapter one The work of psychotherapy and counseling is full of ethical challenges and dilemmas. Responding to these situations with wisdom is critical, not only for the professional's credibility, but also for good therapeutic relationships and positive treatment outcomes. Since its first publication, *Christian Counseling Ethics* has become a standard reference work for Christian psychologists, counselors and pastors and a key text at Christian universities and seminaries. This thoroughly revised edition retains core material on counseling ethics that has made it so valuable in a variety of settings. Now fully updated, it weighs and assesses new and emerging ethical issues in the field. For example, the current volume explores ethical issues involved in: multiple relationships confidentiality documentation therapist competence and character addressing spiritual and value issues in therapy teletherapy individual and couples therapy counseling with minors psychological first aid after disasters counseling crossculturally In addition, the book considers dilemmas Christian therapists face in specific settings such as: church-

based counseling centers government and military institutions missions organizations college counseling centers Psychologist Randolph Sanders has assembled a distinguished team of clinicians and academicians to address the issues. They include W. Brad Johnson, Alan Tjeltveit, Everett Worthington, Sally Schwer Canning, Siang-Yang Tan, Tamara Anderson, Stanton Jones, Jennifer Ripley, Angela Sabates, Mark Yarhouse, Richard Butman and Cynthia Eriksson.

*The New Christian Counselor* InterVarsity Press

A textbook which will be of interest to all whom, when faced with hurting people, ask themselves "What should I say now?" Both authors teach postgraduate level counseling giving a model based upon Biblical and Christian principles. Section 1 argues that to understand the creation you must look to the Creator who designed it.

*Psychology in the Spirit* Harvest House Publishers

Initially developed as a classroom resource, *Evaluating Models of Christian Counseling* serves as a primary example of the complexities involved in integrating psychology, theology, and spirituality into the counseling process. The would-be counselor and the experienced professional are each introduced to a systematic evaluation model for determining how effectively a specific Christian Counseling Program incorporates psychological, spiritual, and theological constructs into their milieu. After presenting a working definition of the counseling process and its relationship to psychology, theology, and spirituality, an application of the evaluation model to four Christian Counseling programs is demonstrated.

*A Fresh Biblical and Transformational Approach* Abingdon Press

Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling...and bad theology leads to bad counseling. *A Theology of Biblical Counseling* is a landmark new book that covers the history of the biblical counseling movement, the core convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

**A Christian Psychology Proposal** Thomas Nelson Incorporated

This text combines cutting-edge expertise with deeply rooted Christian insights to offer a comprehensive survey of ten major counseling and psychotherapy approaches. For each approach, Siang-Yang Tan provides a substantial introduction, assessing the approach's effectiveness and the latest research findings or empirical evidence for it. He then critiques the approach from a Christian perspective. Tan also includes hypothetical transcripts of interventions for each major approach to help readers better understand the clinical work involved. The book also presents a Christian

approach to counseling and psychotherapy that is Christ centered, biblically based, and Spirit filled. It will work well for marriage and family, social work, ministry, counseling, and psychology courses. Christian counselors and psychotherapists, pastors, chaplains, and lay counselors will also benefit from Tan's expertise -- Publisher description.

*Basic Principles of Biblical Counseling* Wipf and Stock Publishers

*A Theology of Christian Counseling* connects biblical doctrine with practical living. Salvation, that central concern of Protestant theology, is often too narrowly defined. It is thought of as "being saved from the consequences of sin." But God is doing much more. He is making something new out of the old sinful nature. He is, in Christ, making new creatures. "No counseling system that is based on some other foundation can begin to offer what Christian counseling offers. . . . No matter what the problem is, no matter how greatly sin has abounded, the Christian counselor's stance is struck by the far-more-abounding nature of the grace of Jesus Christ in redemption. What a difference this makes in counseling!" In this book the reader will gain an insight into the rich theological framework that supports and directs a biblical approach to counseling. And the connection between solid theology and practical application will become compelling. This book is one-of-a-kind.

*The Biblical Counseling Movement* WestBow Press

Can contemplative prayer be integrated into therapeutic work? Building an alliance between science, theology, and Christian contemplative thought, Gregg Blanton presents a new paradigm for integrating contemplative prayer with counseling practice. This practical resource offers eleven fundamental interventions to fit the needs of clients and a practical four-stage process for helping clients change.

**The Popular Encyclopedia of Christian Counseling** Harvest House Publishers

How are Christians to understand and undertake the discipline of psychology? This question has been of keen interest (and sometimes concern) to Christians because of the importance we place on a correct understanding of human nature. Psychology can sometimes seem disconnected from, if not antithetical to, Christian perspectives on life. How are we to understand our Christian beliefs about persons in relation to secular psychological beliefs? This revised edition of a widely appreciated text now presents five models for understanding the relationship between psychology and Christianity. All the essays and responses have been reworked and updated with some new contributors including the addition of a new perspective, the transformative view from John Coe and Todd Hall (Biola University). Also found here is David Powlison (Westminster Theological Seminary) who offers the biblical counseling model. The levels-of-explanation model is advanced by David G. Myers (Hope College), while Stanton L. Jones (Wheaton College) offers an entirely new chapter presenting the integration model. The Christian psychology model is put forth by Robert C. Roberts (Baylor University) now joined by Paul J. Watson (University of Tennessee, Chattanooga). Each of the contributors responds to the other essayists, noting points of agreement as well as problems they see. Eric L. Johnson provides a revised introduction that describes the history of Christians and psychology, as well as a conclusion that considers what might unite the five views and how a reader might evaluate the relative strengths and weaknesses of each view. *Psychology and Christianity: Five Views* has become a standard introductory textbook for students and professors of Christian psychology. This revision promises to keep it so.

**Christ-Centered Biblical Counseling** Waterbrook Press

Mark A. Yarhouse and James N. Sells survey the major approaches to family therapy and treat significant psychotherapeutic issues within a Christian framework, offering timely wisdom for therapeutic practice. Fully updated and revised, this second edition is an indispensable resource for those in the mental health professions, including counselors, psychologists, family therapists, social workers, and pastors.

**Psychology & Theology** Zondervan

What would it mean for Christian counseling and pastoral care to take seriously the idea that God intervenes in the world? What would it look like for therapists and pastors to see themselves as opening the door to a miraculous divine encounter? How would counseling change if the intervention of God was not merely a theoretical idea but a lived experience? Building on Gary Collins's classic work, *The Rebuilding of Psychology*, the essays in this volume explore what a God-centered model of Christian counseling or pastoral care would look like. The contributors share the conviction that God is able to bring about lasting psycho-spiritual change here and now. Some of the topics discussed in the book include: Inner healing Prayer ministry Deliverance Christian holism Contemplative prayer Cognitive-behavioral therapy Emotion-focused therapy Group therapy Forgiveness Visualization and EMDR Addiction Life coaching This book seeks to encourage and aid counselors, pastors, church staff, clinical practitioners, academics and students in developing this kind of God-encountering, Christ-centered ministry of miraculous change.

*Salvation, the Biblical Model for Christian Counseling* InterVarsity Press

"Reformulating the Christian Marriage Counseling Model Where Abuse is Involved" takes an in-depth look at the traditional Christian marriage counseling model, explains why it so often fails when abuse has permeated the marriage relationship, and subsequently proposes a more effective, balanced model based on an understanding of God's design for marriage. Unfortunately, the common Christian marriage counseling experience focuses almost exclusively on saving the marriage, no matter how toxic, cruel and ungodly the relationship has become. The book delves into the Scriptures that have been misinterpreted - and therefore misapplied - in a manner that unwittingly empowers abusers and diminishes the suffering of their victims in order to facilitate a predetermined outcome. It is long past time to acknowledge the depth of harm caused by all manner of abuse in our homes, identify the wolves in sheep's clothing among us, come to the aid of those who are suffering, and rise in defense of marriage, family and faith in the light of the fullness of biblical truth. "Reformulating the Christian Marriage Counseling Model Where Abuse is Involved" represents an

essential move in that direction.

*Family Therapies* Christian Focus

Whether you are a professional counselor meeting with a troubled couple or a layperson comforting a grieving friend, counseling is something you may find yourself called to do at times. From his years of experience as a clinical psychologist, Dr. Timothy Foster has distilled the basics of what to do and how to do it in this practical guide. In addition to offering sample counseling dialogues, explaining a variety of verbal and nonverbal techniques, and candidly discussing how to avoid harmful entanglements, Foster gives advice on: -Counseling dos and don'ts -Helping people who are depressed -Understanding how emotions work -Solving marital difficulties -Dealing with grief - Helping people confront themselves -And much more 'The Handbook of Christian Counseling' is an essential reference you will want to keep on hand for easily accessible answers when others turn to you in their time of need.

**Restoring the Shattered Self** Wipf and Stock Publishers

Although there are psychologists who believe that psychology is the answer to all of mankind's mental disorders; there is no one program which will be effective to help fallen mankind. While the scientific knowledge of psychology has its place, it must never supersede the infallible Word of God. Therefore, counselors should use this therapy very moderately and with wisdom. Moreover, there are not many psychologists from the secular arena who are of the opinion that the Word of God has any place in counseling. Still, counseling is a function and ministry of the Christian church. A few years ago I did a research study which answered the question, "What is the purpose for counseling in the Christian church and the role of psychology in this approach?" In my findings I found that many pastors were not interested in counseling, while others sent the hurting individual to secular professionals who do not acknowledge the fallen state of man. However, one of the most important features of Christian counseling is the truth of God's word which has effect for any condition and helps the entire person: soul, body, and spirit. This sets Christian counseling apart from secular which is based on psychology. The text is prepared for the Christian counselor who wants to excel in the profession with a desire to help the wounded counselee. Dr. Stuart is a Licensed Clinical Pastoral Counselor who has been in the profession for many years. She is the Associate Pastor of Hope Redemption Worship Center Inc., GA, where Rev. Winston L. Blair is Pastor. For more on Dr. Stuart and to listen to archived programs on the internet go to [www.frministry.org](http://www.frministry.org)

*History and Context* Zondervan

Counseling and Christianity Five Approaches InterVarsity Press