

They All Want Magic Curanderas And Folk Healing Rio Granderi 1 2 O Bravo Borderlands Culture And Traditions By De La Portilla Elizabeth 2009 Paperback

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GRAHAM LEVY

Brave Like Me Simon and Schuster

Here is the first comprehensive cross-disciplinary work to examine the current health situation of our immigrants, successfully integrating the vast literature of diverse fields -- epidemiology, health services research, anthropology, law, medicine, social work, health promotion, and bioethics -- to explore the richness and diversity of the immigrant population from a culturally-sensitive perspective. This unequalled resource examines methodological issues, issues in clinical care and research, health and disease in specific immigrant populations, patterns of specific diseases in immigrant groups in the US, and conclusive insight towards the future. Complete with 73 illustrations, this singular book is the blueprint for where we must go in the future.

Women in American History: A Social, Political, and Cultural Encyclopedia and Document Collection [4 volumes] University of Arizona Press

When a young boy leaves his muffin beside a sleeping homeless man, a cycle of goodwill begins.

A Companion to American Environmental History University

of Illinois Press

Religion and Politics in America's Borderlands brings together leading academic specialists on immigration and the borderlands, as well as nationally recognized grassroots activists, who reflect on their varied experiences of living, working, and teaching on the US-Mexico border and in the borderlands. Upper level undergraduate students, graduate theology and social science students, and the educated public would benefit from its incisive analysis of the ways the borderlands challenge conventional interpretations of Christianity.

Limpas Espirituales of Ancient Mesoamerican Shamans Tu Books
 "Cute, delightful and a super sweet story about the beautiful relationship of a mother and child. It's a book that celebrates love and belongingness." —Kiddingly If there never was a you, how empty life would be! Who would make me smile and laugh and keep me company? Filled with heartwarming messages of love, belonging, and togetherness, If There Never Was a You gently reassures children that the place they hold in their parents' hearts can never be filled with anything else. "Love, warmth and security radiate from this book, making it a perfect read to cuddle up with and read . . . It's guaranteed to end with a big hug and leave both with all sorts of warm fuzzy feelings." —Bookworm for Kids "A beautifully told story, that is sure to bring a smile to anyone who reads it." —Midwest Book Review "A delightfully true sentiment. Amanda Rowe has put into words how every parent feels: big

gratitude and love for all the moments we experience thanks to our beloved little ones. A beautiful message for kids to know how their presence deeply matters to us." —Marianne Richmond, bestselling author of If I Could Keep You Little "The pleasant rhyming text explores all of the ways that the little bunny brings joy to his mother's life . . . Both parents and kids will appreciate the sweet message within this story!" —Babies to Bookworms
Keywords for Latina/o Studies John Hunt Publishing
 This four-volume set documents the complexity and richness of women's contributions to American history and culture, empowering all students by demonstrating a more populist approach to the past. • Provides significantly more detail than typical reference works on women's history and culture, enabling readers to better appreciate the contributions of women of all socio-cultural statuses • Covers the astounding range of American women's experience, including women of various economic and racial statuses, religious affiliations, political and ideological identifications, and sexualities • Includes a significant selection of primary documents, thereby combining the educational power of secondary and primary literature to create a richer learning experience for users

New Books on Women and Feminism ABC-CLIO

Healing with Herbs and Rituals is an herbal remedy-based understanding of curanderismo and the practice of yerberas, or herbalists, as found in the American Southwest and northern

Mexico. Part One, "Folk Healers and Folk Healing," focuses on individual healers and their procedures. Part Two, "Green Medicine: Traditional Mexican-American Herbs and Remedies," details traditional Mexican-American herbs and cures. These remedies are the product of centuries of experience in Mexico, heavily influenced by the Moors, Judeo-Christians, and Aztecs, and include everyday items such as lemon, egg, fire, aromatic oil, and prepared water. Symbolic objects such as keys, candles, brooms, and Trouble Dolls are also used. Dedicated, in part, to curanderos throughout Mexico and the American Southwest, *Healing with Herbs and Rituals* shows us these practitioners are humble, sincere people who have given themselves to improving lives for many decades. Today's holistic health movement has rediscovered the timeless merits of the curanderos' uses of medicinal plants, rituals, and practical advice.

Curandera Texas A&M University Press

Voices from the borderlands push against boundaries in more ways than one, as Donna M. Kabalen de Bichara ably demonstrates in this investigation into the twentieth-century autobiographical writing of four women of Mexican origin who lived in the American Southwest. Until recently, little attention has been paid to the writing of the women included in this study. As Kabalen de Bichara notes, it is precisely such historical exclusion of texts written by Mexican American women that gives particular significance to the reexamination of the five autobiographical works that provide the focus for this in-depth study. "Early Life and Education" and *Dew on the Thorn* by Jovita González (1904-83), deal with life experiences in Texas and were likely written between 1926 and the 1940s; both texts were published in 1997. *Romance of a Little Village Girl*, first published in 1955, focuses on life in New Mexico, and was written by Cleofas Jaramillo (1878-1956) when the author was in her seventies. *A Beautiful, Cruel Country*, by Eva Antonio Wilbur-Cruce (1904-98), introduces the reader to history and a way of life that developed in the cultural space of Arizona. Created over a ten-year period, this text was published in 1987, just eleven years before the author's death. *Hoyt Street*, by Mary Helen Ponce (b. 1938), began as a research paper during the period of the autobiographer's undergraduate studies (1974-80), and was published in its present form in 1993. These border autobiographies can be understood as attempts on the part of the

Mexican American female autobiographers to put themselves into the text and thus write their experiences into existence.

Historia Grand Central Publishing

Caillou looks for things he can do to be just like Daddy, including wearing pants and a belt instead of overalls, and raking leaves.

He wants to be a grown up too!

Chicana/Latina Studies Rutgers University Press

"An autobiographical account of how a psychiatric nurse specialist became a folk medicine healer; this also explains the origins and practice of one of the oldest forms of medicine in the New World."—Kirkus.

Four Mexican American Women Writers University of Georgia Press

A step-by-step shamanic guide to navigating the non-ordinary realms, locating lost soul fragments, and reintegrating them • Explains how the soul is a form of sacred energy that can escape when someone experiences trauma or stressful situations • Explores how to work with the 5 Mesoamerican cardinal directions to connect with lost soul fragments, create the ideal space for them to return, and ensure a lasting soul retrieval • Details how to enter a trance journey for navigating the spirit realm through shamanic breathwork, shamanic dancing, toning methods, as well as hand postures Drawing on her more than 20 years' experience working with present-day Mesoamerican curanderos/as and the ancient shamanic healing traditions of the Mexica and Maya, Erika Buenaflor, M.A., J.D., provides a step-by-step guide for the curanderismo practice of soul retrieval. She explains how the soul is a form of sacred energy that can escape when someone experiences trauma or is threatened by challenging and stressful situations. Its absence can be responsible for a host of negative conditions including physical ailments, depression, insomnia, and dysfunctional behavior patterns. Exploring how to retrieve this sacred energy, or soul fragments, as well as resolve cases of soul theft, the author details how to journey through the non-ordinary realms of the Underworld, Middleworld, and Upperworld to locate lost soul fragments and reintegrate them. She explains how to enter a trance journey, providing instructions for shamanic breathwork practices, shamanic dancing, sounding and toning methods, as well as hand postures (mudras) to facilitate trance states. She explores how to perform soul diagnosis, create a loving and nurturing space for soul fragments to return, and work

with the healing wisdom of the 5 Mesoamerican cardinal directions: South, West, North, East, and the Center, which marries the other directions and offers a portal to other worlds. She offers pressure point exercises to release the energies of traumas and contemplative exercises to continue the reintegration of soul fragments after the trance journey. She also explains how to connect with animal guardians to aid you in the soul retrieval process. Revealing how to achieve a lasting retrieval of soul energy, Buenaflor shows how the dynamic process of curanderismo soul retrieval can heal many forms and degrees of trauma and help people move forward in life with more clarity, self-awareness, empowerment, and greater depths of authentic self-love.

Encyclopedia of Immigrant Health Workman Publishing
They All Want Magic Curanderas and Folk Healing Texas A&M University Press

The Holy Children Augsburg Fortress Publishers

A tutorial on the ancient practice of limpias to heal the mind, body, and soul • Offers step-by-step instructions for the practice of limpias, shamanic cleansing rituals to heal, purify, and revitalize people as well as physical spaces • Examines different types of limpia ceremonies, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination • Explores the sacred stories behind limpia rituals and traces these curanderismo practices to their indigenous roots Exploring the essential tools and practices of Mesoamerican shamans and curanderos, specifically the ancient Yukatek Maya and Mexica (Aztec), Erika Buenaflor, M.A., J.D., provides a step-by-step guide for conducting the most common practice within curanderismo: limpias. These practical and incredibly effective shamanic cleanses heal, purify, and revitalize people and spaces with herbs, flowers, eggs, feathers, fire, and water. They are also powerful tools for self-empowerment, spiritual growth, soul retrieval, rebirth, and gracefully opening up pathways for new beginnings. Drawing on her 20 years' experience as a curandera and her graduate studies focused on Mesoamerican shamanism, the author traces modern curanderismo practices to their indigenous roots. She explores the sacred stories behind limpia rituals and examines different types of limpia ceremonies in depth, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination. She

outlines how limpias work holistically to enable one to let go and cleanse the body, mind, and spirit of limiting beliefs, traumas, and broken stories; heal acute and chronic illnesses such as depression, insomnia, and anxiety; and revitalize and activate sacred spaces by renewing their essence and clearing negative energies. She explains the healing properties of the plants used in limpia rites and how to perform the medicinal chants used by the curanderos. In addition, the author details how the practice of platicas, heart-straightening talks, supports limpia rites by encouraging one to vocalize their needs as they eject traumas and unwanted energies from the body, setting the stage for self-awareness and healing. Sharing the story of her own complete healing from a catastrophic injury with limpias as well as inspirational testimonies from others who have experienced limpias, the author provides a personal and thoroughly practical guide to the ancient shamanic method of limpias to promote healing and personal transformation in our times.

Home Altars of New Mexico UNM Press

The Shamanic Plant Medicine series acts as an introduction to specific teacher plants used by shamans in a variety of cultures to facilitate spirit communion, healing, divination and personal discovery, and which are increasingly known, used and respected in Western society by modern shamans as a means of connecting to spirit. Other books in the Shamanic Plant Medicine series include Ayahuasca: The Vine of Souls, Salvia Divinorum: The Sage of the Seers and San Pedro: The Gateway to Wisdom.

Spirituality and Activism in Chicana, Latina, and Indigenous Women's Lives Star Bright Books

At the core of African American religion's response to social inequalities has been a symbiotic relationship between socio-political activism and spiritual restoration. Drawing on archival material and ethnographic fieldwork with African American Spiritual Churches in the USA, this book examines how their spiritual and social work can shed light on the interplay between corporate activism and individual spirituality. This book traces the development of this "politico-spiritual" approach to injustice from the beginning of the twentieth century through the opening decade of the twenty-first century, using the work of African American Spiritual Churches as a lens through which to observe its progression. Addressing subjects such as spiritual healing, support of the homeless, gender equality and the aftermath of

hurricane Katrina, it demonstrates that these communities are clearly motivated by the dual concerns of the soul and the community. This study diversifies our understanding of the African American religious landscape, highlighting an approach to social injustice that conjoins both political and spiritual transformations. As such, it will be of significant interest to scholars of religious studies, African American studies and politics.

A Curandera Reveals Traditional Aztec Secrets of Physical and Spiritual Health Lexington Books

Led by a UCLA-trained health psychologist, a team of experts describes non-traditional treatments that are quickly becoming more common in Western society, documenting cultural variations in health and sickness practices to underscore the diversity among human society. • Provides a thorough exploration of different approaches to health—such as Ayurveda, traditional Chinese medicine, and Native American medicine—written by interdisciplinary teams of authors and subject experts • Dedicates multiple chapters to the health practices and specific challenges of specific minority groups such as Latinos, African Americans, and Asian Americans • Demonstrates the diversity of world views regarding health that falls outside of the Western definition: the absence of disease • Documents the inherent role of immigration and acculturation in health disparities • Supplies clear, carefully considered prescriptions for achieving cultural competence

Caillou: Just Like Daddy Routledge

Curanderas—traditional healers in Mexican culture—bridge the gaps between multiple planes of existence—spiritual and material, modern and pre-modern—dispensing medicinal herbs, prayers, and instruction. Elizabeth de la Portilla writes of the world and practices of San Antonio curanderas. As a scholar, an ethnographer, and a curandera in training, her parallel perspectives uniquely aid readers in understanding this subordinated culture. Retelling the stories various healers have shared, interpreting their answers to her probing questions, and describing the herbs and recipes they use in their arts, the author vividly illuminates the borderland context of San Antonio. Scholars and readers of anthropology, sociology, Chicana and Chicano studies, and women's studies will savor the many layers of meaning and application in *They All Want Magic*.

Handbook of Immigrant Health John Wiley & Sons

This book focuses on the themes of border violence; racial criminalization; competing hermeneutics of the sacred; and State-sponsored modes of desacralizing black and brown-bodied people, all in the context of the US-Mexico borderlands. It provides a much-needed substantive response to the State's use of sacralization to justify its acts of violence and offers new ways of theologizing the acceptance of the "other" in its place. As a counter-hermeneutic of the sacred, the ultimate objective of the book is to offer an alternative epistemological, theoretical and practical framework that resacralizes the other. Rejecting the State-driven agenda of othering border-crossers, it follows Gloria Anzaldúa's healing move to the Sacred Other and creates a new hermeneutic of the sacred at the borderlands. One that resacralizes those deemed by the State as the non-sacred human other anywhere in the world. This is an important and topical book that addresses one of the key issues of our time. As such, it will be of keen interest to any scholar of Religious Studies and Liberation Theology as well as religion's interaction with migration, race and contemporary politics.

Woman Who Glows in the Dark Springer Science & Business Media

A Companion to American Environmental History gatherstogether a comprehensive collection of over 30 essays that examinethe evolving and diverse field of American environmental history. Provides a complete historiography of American environmentalhistory Brings the field up-to-date to reflect the latest trends andencourages new directions for the field Includes the work of path-breaking environmental historians,from the founders of the field, to contributions frominnovative young scholars Takes stock of the discipline through five topically themedparts, with essays ranging from American Indian EnvironmentalRelations to Cities and Suburbs

More than Conjurers Penguin

The tradition of home shrines first began evolving in the American Southwest during the Mexican colonial period, when priests often travelled to homes to perform mass, novenas, baptisms, and marriages, a practice that continues today. This colourful book features the personal altars of mostly Hispanic families living in the towns and villages of northern New Mexico. Most are devoutly Catholic, and although Roman Catholic dogma does not officially recognise home shrines, the altar tradition for most Hispanos is a

sign of being "Catholic from the heart". Their private altars allow for devotion in daily life, a practice embraced by those of all beliefs who desire personal sacred places to meditate, pray, or reflect. These portraits will serve as an inspiration for even the least devout among us desiring more spirituality in our lives.
Springer Science & Business Media

From "one of the nation's foremost Chicano literary artists" comes a coming-of-age classic and the bestselling Chicano novel of all time that follows a young boy as he questions his faith and beliefs -- now one of PBS's "100 Great American Reads" (Denver Post). Antonio Marez is six years old when Ultima comes to stay with his family in New Mexico. She is a curandera, one who cures with

herbs and magic. Under her wise wing, Tony will probe the family ties that bind and rend him, and he will discover himself in the magical secrets of the pagan past--a mythic legacy as palpable as the Catholicism of Latin America. And at each life turn there is Ultima, who delivered Tony into the world... and will nurture the birth of his soul.