

Luce Dei Tantra Tantraloka

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ESTES JAYLEEN

Kiss of the Yogini University of Chicago Press

• Shares vivid, experiential descriptions of the author's sessions with master Lalita Devi wherein she imparted the essential principles of the Mahamudra to him physically, verbally, and energetically • Presents new translations of the most significant sacred books, including the Shiva Sutras, the Pratyabhijna Hridayam Sutra, and the Spandakarika, each presented in language that preserves their spontaneous mystic flow • Pairs the author's intellectual study of the sacred texts with direct transmissions from his teacher, with each perspective shedding light on the other In 1975, in an isolated Himalayan forest, Daniel Odier met Lalita Devi, a tantric yogini who took him on a mystical journey beyond the limits of sexual experience to transcend the ego, recognize the true self, and rediscover the Divine nature of absolute love. Now, Odier shares the secret teachings and self-realization practices of the Kashmiri Mahamudra (meditation on the mind itself) and the Pratyabhijna (the School of Sudden Recognition). The author offers vivid descriptions of his sessions with Lalita Devi wherein she imparted the essential principles of the Mahamudra and the yoga of emotions to him physically, verbally, and energetically. Lalita Devi knew the principal texts of Kashmiri Shaivism by heart. New translations of the most significant sacred books, including the Shiva Sutras, the Pratyabhijnahridayam, and the Spandakarika, are provided by Odier along with chants and poems from the yogini tradition. Presented in language that preserves their spontaneous mystic flow and restores their original ancient female origins, Crazy Wisdom of the Yogini offers a profound inside look at authentic tantric teachings.

Desire University of Chicago Press

Aborde la connaissance et la compréhension des conceptions et des usages du corps dans la culture hindoue, depuis les origines védiques jusqu'à nos jours. Souligne les différences avec le modèle occidental du corps et la complexité des divers types de représentations qui coexistent dans la culture indienne (védique, tantrique et yogique).

Studies in the Buddhist Tantra Brill

The chapters in this book explore important aspects of ma alas and yantras in the Sm?rta, P?ncar?tra, ?aiva and kta traditions through investigations by renowned specialists in the field. An essay on the v?stupuru?ama ala and its relationship to architecture is also included. With colour illustrations.

The Cult of the Goddess Kubjika State University of New York Press

Neste livro, Carlos Alberto Tinoco traz, aos amantes e curiosos do Yoga, breve histórias sobre grandes Mestres, do oriente ao ocidente.Com técnica impressionante, o autor deixa-nos embarcar pela vida e conversão de pessoas que foram movidas pela força e pelo poder transformador do Yoga.

Contrastes Franz Steiner Verlag Wiesbaden gmbh

This Inspirational Guide To An Open, Critical Exchange Between India And The West Is Framed As A Tribute To Dr. Bettina Baumer, An Eminent Scholar Of Indology. Comprising 32 Essays, Segregated Into Three Sections Indian Philosophy And Spirituality, Indian Arts And Aesthetics, And Interreligious And Intercultural Dialogue.

Lecture Motilal Banarsidass Publ.

This book is the second volume of a dictionary of technical terms from Hindu tantric literature which are not mentioned in the usual Sanskrit dictionaries.

The Doctrine of Vibration Anima Srl

This book stands at the crossroads between Jerusalem and Benares and opens a long awaited conversation between two ancient religious traditions. It represents the first serious attempt by a group of eminent scholars of Judaic and Indian studies to take seriously the cross-cultural resonances among the Judaic and Hindu traditions. The essays in the first part of the volume explore the historical connections and influences between the two traditions, including evidence of borrowed elements and the adaptation of Jewish Indian communities to Hindu culture. The essays in the second part focus primarily on resonances between particular conceptual complexes and practices in the two traditions, including comparative analyses of representations of Veda and Torah, legal formulations of dharma and halakhah, and conceptions of union with the Divine in Hindu Tantra and Kabbalah.

Bulletin d'études indiennes BRILL

This book explores one of the most explicit and sophisticated

theoretical formulations of tantric yoga. It explains

Abhinavagupta's teaching about the nature of ultimate reality, about the methods for experiencing this ultimate reality, and about the nature of the state of realization, a condition of embodied enlightenment. The author uncovers the conceptual matrix surrounding the practices of the Kaula lineage of Kashmir Shaivism. The primary textual basis for the book is provided by Abhinavagupta's Parātrīśikā-laghuvṛtti, a short meditation manual that centers on the symbolism of the Heart-mantra, SAUH.

Scritture di paesaggio A&C Black

This essay is about the goddess Kubjika. The cult of this obscure goddess compared with that of the much better known goddess Kali, and references are occasionally provided to the goddess Tripura. The latter, like Kubjika, figures prominently right from the start of her history in the Sakta Kaula Tantras, the former emerges initially in the Bhairava Tantras but soon becomes a member of the Kaula pantheon. For those interested in Nepalese studies an important common feature of these three goddesses and their ectypes is the central position they have held for several centuries in the esoteric Tantrism of high-caste Hindu Newars as their lineage (kula) deities. Thus the aim of this paper is twofold. One is to present a general overview of some salient features of the typology of these forms of the sacred. The other is to present a brief introduction to Newar Saktism as the context in which the goddess Kubjika has been worshipped for most of her history.

"Mark S. G. Dyczkowski ist es gelungen, mit dieser zunächst kurz gehaltenen Arbeit eine erste, grundlegende Darstellung des esoterischen Kubjika-Kults vorzulegen." Indo-Iranian Journal.

Rediscovering God with Transcendental Argument

University of Chicago Press

This collection of original essays provides fascinating insights into yoga as a historical and pluralistic phenomenon flourishing in a variety of religious and philosophical contexts. They cover a wide variety of traditions and topics related to yoga: Classical yoga, Samkhya, Tantric yoga, Bhakti yoga, the Guru, Indic Islamic traditions of yoga, yoga and asceticism in contemporary India, and the reception of yoga in the West. The essays are written by eighteen professors in the field of the history of religions, most of them former graduate students of Gerald James Larson, Rabindranath Tagore Professor Emeritus, Indiana University, Bloomington and Professor Emeritus, Religious Studies, University of California, Santa Barbara, an internationally acclaimed scholar on the history of religions and the philosophies of India, and one of the world's foremost authorities on the Samkhya and Yoga traditions. The publication is in honour of him.

Kundalini State University of New York Press

Kundalini's power lies dormant in humans until it is awakened.

The awakened Kundalini expresses the primal divine impulse and ultimately joins the individual with the divine. The development of the book parallels the development of the Kundalini within. Part One exposes the awakening and unfolding of the Kundalini; Part Two describes the piercing of the energy centers and the stages of ascent through the body; and Part Three examines Kundalini's relation to sexual expression. The book provides a deep understanding of Tantra and of the underlying purpose of Tantracism. The author carefully considers the Caryakrama practices of sexual expression as a means of awakening and controlling Kundalini. Silburn draws together passages from the Trika, Krama, and Kaula systems ranging through Abhinavagupta and Lalla and provides both translation and commentary for them. Chapters on the Chakras, the Nadis, and on mantras further elucidate the topic and lead to a forceful conclusion: Kundalini is the source of ultimate human knowledge and power.

Hindu Spirituality State University of New York Press

Traditions of asceticism, yoga, and devotion (bhakti), including dance and music, developed in Hinduism over long periods of time. Some of these practices, notably those denoted by the term yoga, are orientated towards salvation from the cycle of reincarnation and go back several thousand years. These practices, borne witness to in ancient texts called Upaniṣads, as well as in other traditions, notably early Buddhism and Jainism, are the subject of this volume in the Oxford History of Hinduism. Practices of meditation are also linked to asceticism (tapas) and its institutional articulation in renunciation (saṃnyāsa). There is a range of practices or disciplines from ascetic fasting to taking a vow (vrata) for a deity in return for a favour. There are also devotional practices that might involve ritual, making an offering to a deity and receiving a blessing, dancing, or visualization of the master (guru). The overall theme--the history of religious practices--might even be seen as being within a broader intellectual trajectory of cultural history. In the substantial introduction by the editor this broad history is sketched, paying

particular attention to what we might call the medieval period (post-Gupta) through to modernity when traditions had significantly developed in relation to each other. The chapters in the book chart the history of Hindu practice, paying particular attention to indigenous terms and recognizing indigenous distinctions such as between the ritual life of the householder and the renouncer seeking liberation, between 'inner' practices of and 'external' practices of ritual, and between those desirous of liberation (mumukṣu) and those desirous of pleasure and worldly success (bubhukṣu). This whole range of meditative and devotional practices that have developed in the history of Hinduism are represented in this book.

Samarasya Routledge

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Desideri, passioni & spiritualità Edwin Mellen Press

Questo libro nasce dal desiderio di scrivere degli appunti per coloro che mi seguono nell'apprendimento dello Yoga, appunti su argomenti di cui si parla durante le lezioni. Spesso infatti mi viene chiesto quali libri consultare, quali guide, quali autori... Ciò mi induce a ritenere fondata l'esigenza di un piccolo trattato che illustri i primi elementi dello Yoga ed i principi su cui si fonda. E così ho iniziato a mettere insieme i miei appunti, cercando di dar loro una veste uniforme. Ed allora eccolo qui.

Catalogo dei libri in commercio Motilal Banarsidass Publishe

For those who wonder what relation actual Tantric practices bear to the "Tantric sex" currently being marketed so successfully in the West, David Gordon White has a simple answer: there is none. Sweeping away centuries of misunderstandings and misrepresentations, White returns to original texts, images, and ritual practices to reconstruct the history of South Asian Tantra from the medieval period to the present day. Kiss of the Yogini focuses on what White identifies as the sole truly distinctive feature of South Asian Tantra: sexualized ritual practices, especially as expressed in the medieval Kaula rites. Such practices centered on the exchange of powerful, transformative sexual fluids between male practitioners and wild female bird and animal spirits known as Yoginis. It was only by "drinking" the sexual fluids of the Yoginis that men could enter the family of the supreme godhead and thereby obtain supernatural powers and transform themselves into gods. By focusing on sexual rituals, White resituates South Asian Tantra, in its precolonial form, at the center of religious, social, and political life, arguing that Tantra was the mainstream, and that in many ways it continues to influence contemporary Hinduism, even if reformist misunderstandings relegate it to a marginal position. Kiss of the Yogini contains White's own translations from over a dozen Tantras that have never before been translated into any European language. It will prove to be the definitive work for persons seeking to understand Tantra and the crucial role it has played in South Asian history, society, culture, and religion.

The Secret of the Three Cities Oxford University Press

Beginning with an introduction to the scriptural background of the Śaiva religion, this volume presents a translation accompanied by

a re-edition of the Sanskrit text with the help of two manuscripts not consulted before, and a running commentary. A fragment of the Śrīkaṇṭī is transcribed in an appendix.

Kundalini State University of New York Press

Provides a comparative philosophical study of the thought of the two principle theorists of monistic Kashmiri Shaivism, Utpaladeva and Abhinavagupta, and also formulates a conception of the nature of philosophy as a means of intercultural and interreligious dialogue.

Os Mestres do Yoga Oxford University Press, USA

This book is the first consistent theological treatment of the subject of Hindu thought known to itself as Trika or Triadism and popularly as Kashmir Saivism. Few Indic theologies equal it in architectonic power and mystical profundity. Its highest category and goal is consciousness or Light whose foremost characteristic is Freedom. This goal can be attained through four ways (upayas). The theology of these ways pertains to Gnostic or knowledge oriented Triadism whose prime theologian is Ahhinavagupta the emperor of Indic speculation.

Maestri Editora Appris

The term hindu is referred to the religious life of the people of

India, and Spirituality understood as wisdom about the way back into the ground of pluralism of religious forms. These two volumes are structured along the division between the classical and the postclassical. Twenty seven scholars from around the world shed light on the spiritual beauty of Hinduisms poetry art and temples, festivals and music, as well as the contributions of modern pioneers such as Swami Vivekananda Sri Aurobindo, Mahatma Gandhi and others.

Images du corps dans le monde hindou Motilal Banarsidass Publ. Contributed articles on criticism of Hindu tantric literatures.