

Crossing To Avalon A Womans Midlife Quest For The Sacred Feminine Jean Shinoda Bolen

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Women Writing for (a) Change Mango Media

With her groundbreaking debut book, *Birthing Ourselves into Being: A Year Long Women's Empowerment Program*, author Baraka Bethany Elihu transcends the restrictions of intellectually-based therapy by offering an experiential curriculum of personal healing centered not only in doing but in being. "Many women are naturally heading towards this gentler, organic approach in personal therapeutic work. Women are ready to be simply witnessed in their own mastery. We do not need to be managed, facilitated, taught or guided," explains Baraka. "The experts live within us." *Birthing Ourselves into Being* is fully situated in the metaphor of childbirth. The book consists of twelve chapters that explore the symbolic rhythms of the childbearing year, including pre-conception and postpartum. Offering clear, innovative, and effective steps, this creative arts-based curriculum provides readers tools to emerge with an entirely new life and stories of adventure and love to inspire the journeys of other women. "We can surrender to our process and trust that a greater peace in the world will emerge naturally, from the very belly of our personal, quiet revolutions," Baraka writes. "The space we hold for ourselves and for one another becomes the standard by which the planet responds. It is time. And we are ready."

Goddesses in Older Women John Hunt Publishing

Examines coincidental events that individuals find significant, but which cannot be rationally explained, suggesting ways of using the resulting feelings of universal unity in Jungian therapies and Taoist introspection

Artemis Mango Media Inc.

A vivid grasp of the story and the characters in "The Ring of Niebelung" brings Richard Wagner's mythic four-opera cycle to life. The Ring Cycle has a hold on our imagination like no other operatic work because it is archetypal and has the power of myth as well as music to reverberate in the psyche. Bolen shows how myth illuminates psychology, and more - Ring of Power goes beyond the psychology of the individual, revealing dysfunctional families and patriarchal institutions.

Goddesses in Everywoman Rowman & Littlefield

175 countries, four billion dollars, one scam: the thrilling rise and fall of the biggest cryptocurrency con in history and the woman behind it all In 2016, on stage at Wembley Arena in front of thousands of adoring fans, Dr. Ruja Ignatova promised her followers a financial revolution. The future, she said, belonged to cryptocurrencies such as Bitcoin. And the Oxford-educated, self-styled cryptoqueen vowed that she had invented the Bitcoin Killer. OneCoin would not only earn its investors untold fortunes; it would change the world. By March 2017, more than \$4 billion had been invested in OneCoin in countries all around the world. But by October 2017, Ruja Ignatova had disappeared, and it slowly became clear that her revolutionary cryptocurrency was not all it seemed. Fortune was left asking, "Is OneCoin the biggest financial fraud in history?" In *The Missing Cryptoqueen*, acclaimed tech journalist Jamie Bartlett tells the story he began in his smash hit BBC podcast, entering the murky worlds of little-regulated cryptocurrencies and multilevel marketing schemes. Through a globe-crossing investigation into the criminal underworlds, corrupt governments, and the super-rich, he reveals a very modern tale of intrigue, techno-hype and herd madness that allowed OneCoin to become a million-person pyramid scheme—where, at the top, investors were making millions and, at the bottom, people were putting their livelihoods at risk. It's the inside story of the smartest and biggest scam of the 21st Century—and the genius behind it, who is still on the run.

The Tao of Psychology BRILL

From Shirley MacLaine's spiritual biography *Out on a Limb* to the teenage witches in the film *The Craft*, New Age and Neopagan beliefs have made sensationalistic headlines. In the mid- to late 1990s, several important scholarly studies of the New Age and Neopagan movements were published, attesting to academic as well as popular recognition that these religions are a significant presence on the contemporary North American religious landscape. Self-help books by New Age channelers and psychics are a large and growing market; annual spending on channeling, self-help businesses, and alternative health care is at \$10 to \$14 billion; an estimated 12 million Americans are involved with New Age activities; and American Neopagans are estimated at around 200,000. *New Age and Neopagan Religions in America* introduces the beliefs and practices behind the public faces of these controversial movements, which have been growing steadily in late twentieth- and early twenty-first-century America. What is the New Age movement, and how is it different from and similar to Neopaganism in its underlying beliefs and still-evolving practices? Where did these decentralized and eclectic movements come from, and why have they grown and flourished at this point in American religious history? What is the relationship between the New Age and Neopaganism and other religions in America, particularly Christianity, which is often construed as antagonistic to them? Drawing on historical and ethnographic accounts, Sarah Pike explores these questions and offers a sympathetic yet critical treatment of religious practices often marginalized yet soaring in popularity. The book provides a general introduction to the varieties of New Age and Neopagan religions in the United States today as well as an account of their nineteenth-century roots and emergence from the 1960s counterculture. Covering such topics as healing, gender and sexuality, millennialism, and ritual experience, it also furnishes a rich description and analysis of the spiritual worlds and social networks created by participants.

Finding the Voice Inside Harper

Finding the Voice Inside invites women to name, honor and explore their female experience as it differs from male experience. Doing this work in a group and hearing themselves and others read aloud what's been written, women re-awaken to what they don't always know that they know. Doing these exercises alone can continue the tradition of diary, journal and letter writing that makes up our knowledge of women's lives throughout history. In their effort to balance the male-constructed view of the world, women must first recreate the images, symbols, metaphors and truths of their own lives, as women.

Gods in Everyman Conari Press

She Is Everywhere! An Anthology of Writing in Womanist/Feminist Spirituality Perhaps the first womanist/feminist anthology which includes women's voices from many cultural and spiritual traditions across the globe from past to present. This book will be enormously useful and stimulating

to women's studies classes and the emerging vibrant study of women's spirituality. "By venerating Her I am able to salute the divinity in all women and myself."--Luisah Teish "We are at the brink of new age which will be defined by new concepts in science, religion, and the reclamation of the values of the Dark Mother."--Necia Harkless "In my micro-geography, she is everywhere: in a sweat lodge in Indian Canyon, or in the Guadalupe chapel in San Juan Bautista, in a field of blue corn in Aromas protected with corn dollies, or in the Rodriguez Street Laundry in Watsonville..."--Jennifer Colby "In bringing memories of Her to the surface, I feel reborn, reconnected to the Earth, reunited with my Great Mother."--Sandy Miranda "Traveling to lands and sacred sites where evidence of the Goddess is irrefutable gives me a new spark and added hope...Sardinia herself is the Great Mother."--Leslene della Madre "The more women's voices I heard; the more I came to see the Sacred Feminine as immanent; the more I saw women who seemed to be filled with joy even in the midst of adverse circumstances..."--Deborah Grenn

Alice Walker: A Woman For Our Times Harper Collins

A psychoneuroimmunologist explores "how intuition works; and how people can use it to be in tune with their bodies, reduce stress, and promote health" (Booklist). Women's intuition is real, says Paula Reeves. Encoded in a woman's DNA, this subtle yet potent source of knowledge has been doubted and dismissed as an old wives' tale. Because social conditioning and male-dominated culture have caused women to feel disconnected from their own bodies, Dr. Reeves believes that most women are unaware of what their intuition is trying to tell them. In *Women's Intuition*, Dr. Reeves guides readers to remove the blocks preventing this channel of knowledge from informing and enriching their daily lives. By evoking body-based intuition, readers can reestablish their body-mind bond and access their intuitive power for healing and insight. "Reeves describes numerous real-life therapy sessions and exercises involving SCM [Spontaneous Contemplative Movement], providing us with clear illustrations of how to connect with our bodies and emotions and hence achieve a deeper understanding of the self. She helps us through the difficult task of both rediscovering the intuitive parts of ourselves we have lost and trusting our intuitions to guide us through life. This challenging book will no doubt profoundly change some readers' lives." —Library Journal "A gift to any woman who is determined to connect with her own feminine body." —Marion Woodman, author of *Bone: Dying into Life* "This gracious book is for all who suspect that the body knows things we do not know. We've yearned to free the wisdom locked in the body's images, symptoms, and movements; Reeves gives us a burnished key." —Jill Mellick, PhD, author of *The Art of Dreaming*

Crossing to Avalon Unitarian Universalist Association of Congregations

This biography explores Alice Walker's life experiences and her lifework in context of her philosophical thought, and celebrates the author's creative genius and heroism. • Represents the only biography that offers a philosophical examination of this deeply philosophical artist-activist • Provides insightful perspectives on negotiating our ever-changing and volatile world

Invitation to Holistic Health Conari Press

This volume of original chapters is designed to bring attention to a neglected area of feminist scholarship - aging. After several decades of feminist studies we are now well informed of the complex ways that gender shapes the lives of women and men. Similarly, we know more about how gendered power relations interface with race and ethnicity, class and sexual orientation. Serious theorizing of old age and age relations to gender represents the next frontier of feminist scholarship. In this volume, leading national and international feminist scholars of aging take first steps in this direction, illuminating how age relations interact with other social inequalities, particularly gender. In doing so, the authors challenge and transform feminist scholarship and many taken for granted concepts in gender studies.

Like a Tree Little, Brown

At some point after fifty, every woman crosses a threshold into the third phase of her life. As she enters this uncharted territory -- one that is generally uncelebrated in popular culture -- she can choose to mourn what has gone before, or she can embrace the juicy crone years. In this celebration of Act 3, Jungian analyst Jean Shinoda Bolen names the powerful new energies and potentials, or archetypes, that come into the psyche at this momentous time, suggesting that women getting older have profound and exciting reasons for welcoming the other side of fifty. As Bolen has explained in her remarkable body of work, there are goddesses in every woman, deep archetypal sources of wisdom, authenticity and spirituality that, once tapped, energize us and give us a sense of meaning and self-acceptance. The knowledge of which archetypes are active within us at each phase of life—maiden, mother (or matron), and cronesupports us in making choices that are true to who we are instead of conforming to others' ideas of who we should be. In Bolen's bestselling *Goddesses in Everywoman*, the classic work of the women's spirituality movement, the Greek goddesses personified these archetypes as they affected the first two phases of a woman's adult life. Now she explains that in the third stage, marked physiologically by menopause, there emerges a whole new cast of inner archetypes that a woman can draw on for guidance, creativity, personal integration, and joy. Once we learn to recognize these forces, we can feel empowered and wise, introspective and spiritual, sexually bold and full of mirth. For it is in the "wisewoman" years, when a woman has lived long enough to resolve the tasks of younger and middle adulthood, that she can fully and authentically become who she deeply is. The generation of women who are approaching or who have reached the crone years is historically unique. Influenced by the women's movement, they have benefited from educational opportunities, women's support networks, and economic resources as excellent preparation for decades of active postmenopausal life. By recognizing the goddess archetypes that emerge in this phase, women of this special generation will be enabled to transform the crone years into the best years of their lives.

Transpersonal Knowing ABC-CLIO

In the summer of 2001 Carol Ohmart Behan made her first pilgrimage to Glastonbury, re-tracing the ancient pilgrim-path to the Isle of Avalon, luminous sanctuary of the Goddess and the Grail. Her quest became a catalyst for her work as a writer, pilgrimage leader, and teacher of Earth-wisdom. A dramatic encounter with her past-life self as a 16th-century healer opened the door to her true 21st-century identity as an Earth-healer and voice of the Divine Feminine, which is re-emerging in the world once again.

The Millionth Circle Penguin

Crossing to Avalon Harper Collins

[Feminist Foremothers in Women's Studies, Psychology, and Mental Health](#) Crossing to Avalon

From their anatomy and physiology to trees as archetypal and sacred symbols, Bolen expertly explores the dynamics of ecological activism, spiritual activism, and sacred feminism. In *Like a Tree* she invites us to join the movement to save our rooted friends.

Scribbling Women & the Short Story Form Mango Media Inc.

A guide to using female connection and empowerment as a force for change. "Short and poetic . . . a fine resource for building community." —*Spirituality & Practice* The minds and spirits of women are powerful forces, particularly when harnessed in communion with other women. Women's circles have been around for quite some time, and their presence is a healing and strengthening source for many. Furthermore, author and psychiatrist Jean Shinoda Bolen believes that women's circles act as catalysts for change around the world. In this inspiring and spiritual book for women, Dr. Bolen provides both a guide and vision for women seeking purpose and change. Through her poetic language, Dr. Bolen emphasizes to her readers the importance of using their intuition and drawing upon their own insights. In bringing feminine values such as relationship, nurturing, and equality together, Dr. Bolen shares how women create a space for compassionate and radical growth. By focusing on both the psychological and spiritual, women open the doorway for great change and empower one another to be leaders of positive change in their own lives and beyond. In this way, women empowerment itself acts as a tool for societal and psychospiritual change. After all, when strong women join together, who can stop them? Read *The Millionth Circle: How to Change Ourselves and the World* and find . . . A tool for creating positive change Words of insightful and powerful feminine wisdom A book for women everywhere

Mutinous Women FriesenPress

Journey to the legendary Isle of Avalon and experience the magic, mysteries, and mysticism that have inspired women throughout the ages. Jhenah Telyndru, founder of the Avalonian Tradition, invites you on a unique spiritual path of healing and personal revelation built upon the beloved Avalon mythology. Connect with the Goddesses of Avalon through guided journeys and powerful rituals. Explore Glastonbury's Sacred Landscape with eight pages of gorgeous color photographs. Develop legendary Avalonian skills—such as the Sight and the art of Glamour—to heal wounds of the soul and unlock the sacred wisdom at the core of your being. Drawing on Celtic mythology, Arthurian legend, and Druidic lore and exploring the way of the priestess as alluded to in Marion Zimmer Bradley's *The Mists of Avalon*, the Avalonian path empowers women everywhere to transform their lives by seeking the Goddess and the Sovereign self within.

Answering Avalon's Call Harper Collins

The first time Helen Curry walked a labyrinth she was moved to tears and then "was filled with peace and possibilities." Here, she shares her years of experience with labyrinth meditation and shows how others can find serenity and guidance by adopting this increasingly popular practice. Unlike mazes, which force choices and can create fear and confusion, labyrinths are designed to "embrace" and guide individuals through a calming, meditative walk on a single circular path. The *Way of the Labyrinth* includes meditations, prayers, questions for enhancing labyrinth walks,

guidelines for ceremonies, instructions for finger meditations, and extensive resources. This enchanting, practical, and exquisitely packaged guide helps both novice and experienced readers enjoy the benefits of labyrinth meditation, from problem-solving to stress reduction to personal transformation. Includes a foreword by Jean Houston, the renowned author and leader in the field of humanistic psychology, who is considered the grandmother of the current labyrinth revival.

She-Q: Why Women Should Mentor Men and Change the World Bantam

The secret history of the rebellious Frenchwomen who were exiled to colonial Louisiana and found power in the Mississippi Valley In 1719, a ship named *La Mutine* (the mutinous woman), sailed from the French port of Le Havre, bound for the Mississippi. It was loaded with urgently needed goods for the fledgling French colony, but its principal commodity was a new kind of export: women. Falsely accused of sex crimes, these women were prisoners, shackled in the ship's hold. Of the 132 women who were sent this way, only 62 survived. But these women carved out a place for themselves in the colonies that would have been impossible in France, making advantageous marriages and accumulating property. Many were instrumental in the building of New Orleans and in settling Louisiana, Alabama, Arkansas, Illinois, and Mississippi. Drawing on an impressive range of sources to restore the voices of these women to the historical record, *Mutinous Women* introduces us to the Gulf South's Founding Mothers.

[Women's Intuition](#) Xlibris Corporation

In its original edition, this culmination of Jean Shinoda Bolen's life's work sold over 25,000 copies. Now in paperback for the first time *Urgent Message from Mother* is a call to action for all the women of the world. This unique combination of visionary thinking and practical how-to seeks to galvanize the power of women acting together in order to save our world. Bolen outlines the lessons we can learn from the women's movement, draws on Jungian psychology and the sacred feminine, and gives powerful examples of women coming together all over the globe and making a significant impact.

Ring of Power R&L Education

"An honest, compelling, surprising, and vastly reassuring book about the spiritual life of women . . . This landmark book is spiritual precisely because it is authentic."—Joan Borysenko, Ph.D., author of *Minding the Body, Mending the Mind* With a foreword by Jean Shinoda Bolen, M.D. For many contemporary women, the old patriarchal models of religion are no longer relevant, forming a need to look beyond the male-oriented past to a wider, more fulfilling spiritual horizon. In this fascinating and thought-provoking book, Sherry Anderson and Patricia Hopkins show how many women have redefined traditional beliefs and rediscovered their own unique spiritual heritage—*The Feminine Face of God*. Anderson and Hopkins guide you through the sacred garden of: • Childhood—seedbed of life's sacred passage • Leaving home—finding your own inner authority • Relationships—new perspectives on intimacy • Spiritual practice—the importance of guidance and discipline • Sexuality—a wild card constantly cracking open the heart • And much more As women enter their sacred garden and learn the art of inner listening, they acquire the tools for living, loving, and praying authentically. In *The Feminine Face of God* there are seeds for growth: for creating and sustaining intimacy and love in a new way; for a new understanding of sexuality; for a new vision of family, a family of choice in a community of love.