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## LANE TOWNSEND

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In patients with musculoskeletal disorders such as fibromyalgia, medications to increase the body's level of serotonin and norepinephrine (neurotransmitters that modulate sleep, pain, and immune system function) may be prescribed in low doses. Some

of the medicines used to aid sleep include zolpidem ( Ambien ),...

### **Musculoskeletal conditions**

Management of Common Musculoskeletal Disorders: Physical Therapy Principles and Methods. This is the leading textbook of orthopaedic physical therapy. The consistent format first introduces the basic concepts of conservative management of musculoskeletal problems, then discusses each region. *Management of Common Musculoskeletal Disorders: Physical ...* It also has 600 new photographs, more illustrations, and highlights proper treatment techniques of common musculoskeletal disorders seen in clinical practice. Assessment: This book provides quality information comparable to other texts in the field (Brotzman and Wilk, Clinical Orthopaedic Rehabilitation , 2nd edition (Mosby, 2003), and Donatelli and Wodden, Orthopaedic Physical Therapy , 3rd edition (Saunders, 2001)). Musculoskeletal Disorders: Definition and Patient Education Musculoskeletal Disorders (MSDs) are a common and costly problem for people and companies across the United States.

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While management of some musculoskeletal conditions may require specialist and/or surgical care, many musculoskeletal conditions can be managed in primary care through a combination of core non-pharmacologic interventions such as exercise, weight management, psychological therapies and pharmacologic therapies.

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PRIMARY CARE FOR WOMEN Management of Common Musculoskeletal Disorders Maureen C. Benetti, MS, CFNP, and Teresa Marchese CNM, PhD ABSTRACT This article provides a review of common adult musculoskeletal disorders including diagnosis and treatment guidelines to assist certified nurse-midwives in their role as primary care providers.

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Management of Common Musculoskeletal Disorders Physical Therapy Principles and Methods Darlene Hertling BS, RPT  
*Management of Common Musculoskeletal Disorders: Physical ...*  
 Musculoskeletal disorders (MSDs) are conditions that can affect your muscles, bones, and joints. MSDs include: tendinitis. carpal tunnel syndrome. osteoarthritis. rheumatoid arthritis (RA) fibromyalgia. bone fractures.

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