

## Urban Tantra Sacred Sex For The Twenty First Century

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She is the author of Urban Tantra: Sacred Sex for the Twenty-First Century, Ecstasy is Necessary: A Practical Guide to Sex, Relationships and Oh So Much More, and Luxurious Loving: Tantric Inspirations for Passion and Pleasure.Barbara’s pioneering Urban Tantra® workshops were named best in New York City ...Team – Urban Tantra® Professional Training ProgramSex educator Carrellas is on a mission to bring Tantra-the ancient practice of sacred sex, in which interpersonal connection and transformative ecstasy are the norm-to the modern world, to reclaim sex from "messed-up, sexually-dysfunctional, judgmental, and ignorant culture," and to shift the urban sex paradigm from recreational activity to a sumptuous, impassioned way of life.Urban Tantra, Second Edition : Sacred Sex for the Twenty ...Sex educator Carrellas is on a mission to bring Tantra-the ancient practice of sacred sex, in which interpersonal connection and transformative ecstasy are the norm-to the modern world, to reclaim sex from "messed-up, sexually-dysfunctional, judgmental, and ignorant culture," and to shift the urban sex paradigm from recreational activity to a sumptuous, impassioned way of life.Urban Tantra, Second Edition by Barbara Carrellas (ebook)The Complete Idiot's Guide® to Tantric Sex covers every aspect of this ancient practice, from the sacred beliefs of Tantra which form the basis for Tantric loving to the process of preparing for ...Complete Idiots Guide to Tantric Sex AudiobookUrban Tantra®: Sacred Sex for the 21st Century - Open Center Barbara Carrellas, ACS Urban Tantra® is a radically updated Tantra practice for modern sexual/spiritual explorers that can be used by everyone. 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### Urban Tantra, Second Edition by Barbara Carrellas (ebook)

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